INDIVIDUAL LIFEPLAN RETREAT

Ron and Geri Swingle HIDDEN TREASURE COACHING & CONSULTING

PROGRAM OBJECTIVES

If you are approaching or in a turning point in your life, the need for developing a strategic plan may seem obvious, yet elusive. No matter what life season you are currently in, being intentional about the direction you are headed can reduce years of waste and trial-and-error experimentation for your future.

Through personality assessment, planning and personal coaching, this program helps you discover your "sweet spot" - that intersection of your strengths and God's role for you in His great story - and ways to integrate your strengths into your personal mission and vision for the future. You will be equipped to better leverage your strengths, as well as better decision-making, as you learn to use your personal mission as a filter for where and how you allocate your resources of time and energy.

WHO IS THIS FOR?

This program is for a man or woman of any life stage who wants more alignment and fulfillment in his or her life; who desires to live out of their God-given strengths and passions. That could apply to young men or women desiring to set a God-directed course and live strategically early in their adult lives, professionals looking to find balance and fulfillment in the hectic years of career and family building, middle-agers looking at transitional role changes, and later-stagers who believe they have something more to give; to build their legacy.

CURRICULUM

This proven, faith-based planning program consists of 3 components:

ASSESS: a personality assessment (i.e. an Enneagram Typing Interview) helps you identify how you are wired, including your strengths and challenge areas.

PLAN: a 10-session Zoom program where you will work to develop a strategic LifePlan, with reliance on God's direction and the aid of your professional LifePlan facilitator.

COACH: a follow-up private coaching session will help assess how execution of your plan is progressing along with helpful mid-course corrections to shore up problem areas.



COST

The cost for the program is \$1,299.00* and includes the following:

LifePlan Program

- Assessment + Individual Private Debrief or Enneagram Typing Interview
- Individual LifePlanning Program over 10 private 1-hour Zoom sessions resulting in a strategic LifePlan document
- 1 follow-up Couple Coaching Session**
- * 50% down-payment due to initiate program; the remainder due before 5th LP coaching session.
- ** Additional on-going coaching available for purchase on a per session or scheduled basis.

TESTIMONIALS

"The LifePlan [experience] changed the trajectory of my life!"

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"What surprised me was that even though I consider myself to be spiritually mature and have a fairly clear picture of where I have been and where I am going ... I was not stepping up and using my gifts, experiences, and dreams to my fullest potential!"

"The time brought out significant revelations regarding roadblocks I've faced."

"The Lord continues to peel away at the layers of mistaken thinking in my life."

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"I walk away from this experience knowing that it was God who was communicating with me and pursuing me. "

"For me the coaching sessions created a framework that was very difficult to create on my own...the LifePlan Retreat felt like a spa for my spirit and soul."

"If you've never done something like this before, you really need to do it!"

"Thank you for your heart and willingness to come alongside me as I pursue God's purposes and freedom in my life."



PRE-WORK

There is client work to be completed before and during your LifePlan program. You will experience an Enneagram Typing Interview and complete a few assignments before your first LifePlanning session, as well as over the course of your LP program.

THE TAKEAWAY

You will experience God's love for you on a new and powerful level, seeing Him in your past, who you are today and trusting Him with your future.

Each candidate finishes with an Individual LifePlan document which includes your program materials and your personal 3—year plan with specific action steps.

You will also finish feeling recentered and revitalized by having your perspective lifted from the smaller day-to-day view to seeing the larger picture of your life journey, with the luxury of having a professional, skilled partner as you consider what God has for the next chapter of your great story.



ABOUT YOUR FACILITATORS

Ron & Geri are the cofounders of <u>Hidden Treasure Coaching & Consulting (HTCC)</u>. The mission of HTCC is to help men, women, couples & organizations discover, embrace, & live out of their strengths. They accomplish this through a variety of means, including seminars, workshops, retreats, keynote speaking and one-on-one coaching.

Ron's background is in Management Consulting, specializing in strategic planning and process transformation. Ron's passionate about coaching men who are going through life transitions, such as career changes, empty nest and retirement. He's certified through The Tom Paterson Institute as well as Life Purpose Coaching Centers International™.

Geri is a professional Christian Life Coach & <u>Enneagram Practitioner</u>, LifePlan Facilitator, & <u>Blogger</u>. She's passionate about working with women leaders who desire to live a fully integrated life, living out their values in all the domains of their life. Prior to becoming a Life Coach in 2005, Geri was a Personal Trainer for 12 years and the Director of Prevention Education at the Crisis Pregnancy Support Center. In January of 2023, Geri introduced broadcast coaching through <u>Perils & Pearls</u>.

TO GET STARTED

Contact us today to begin your
LifePlan Program!
Ron & Geri Swingle
Cofounders, Hidden Treasure
Coaching & Consulting
http://www.hiddentreasurecc.com

